**PROJECTS AND ACTIVITIES OF SFA HOPE FOUNDATION**

After I came back from China in 2011, I joined and NGO called Pro Labore Dei, a Christian NGO which has its headquarters in London. In this organization, we took care of destitute which included orphans, handicaps, HIV patients and anyone who needed help and this after our investigation. With the orphans, we paid their fees and also established their birth certificates. We sorted out 29 orphans from a Government primary school and the number would have been more had it been we went to other schools in the area. What surprised us was the fact that the villagers said 3/4 of the parents of these orphans died from AIDS and there were still more cases in the community who hid themselves because of “shame”.

With the HIV patients, we met some and gave them some counseling. We gave them medicines which could boost their CD4 count and also some foodstuff. The greatest problem we faced was that the AIDS patients are ashamed of themselves and decided to hide themselves in their houses. Also, people in this area think it’s an abomination if you are an HIV patient.

We discovered many handicaps in the area ranging from an eight years old boy called Silas to a forty-five years old man called Achu Frederick. We gave provisions to these handicaps and we used to visit them in their houses and clean the environment for them. We also had another surprise with the handicaps. Most of them confessed that they were not born handicap and that they were slapped at night before they became handicaps. Some even passed the age of 20 before becoming handicaps. We had plans to organize a healing and deliverance seminar in the area.

I will apologize for talking about the leader of this community since it’s forbidden and I would like to mention that he is also a handicap now. The leader who was a young, healthy and prosperous man suddenly became paralyzed. Because of his situation and knowing that his community is suffering due to lack of health facilities, he offered 2 big houses where we could keep those whom we took care of and a land which he pleaded that we should construct a health centre there.

The Pro Labore Dei branch in Bamenda was established by my wife and I and we are based in Douala. We always had to travel to Bamenda to go and take care of these destitute which was not easy. And as time went by, some members joined us and a bureau was formed. When the headquarters in London asked the members to think of any fundraising project which can be constructed and handed over to the branch, the members started asking my wife and I why we have to leave Douala to go and run an NGO in Bamenda. This led to many problems between us and the members and we finally decided to leave everything to them.

But it’s rather unfortunate that after we left, these members were not able to take care of these destitute. Thus we had to go back there and continue what we started. Presently, we have a new foundation called SFA Hope Foundation and this name comes from the natural medicine centre that we owned which is called SFA Natural Medicine Centre. Some people joined us and we formed the above foundation. With contributions from members, donations and money from the medicine centre, we still help the destitute that we discovered in Mendankwe. We still do all the things that I listed above and it has not been easy financially.

Before the year comes to an end, we are going to institute another programmes in our foundation. The first one will be to share school materials to the best students in Santa which is in the Northwest Region. The second and most important is to include grannies in our project. We will take care of them by doing medical check-ups every forth night, give them massage, natural and modern drugs (especially natural calcium for their bones) and a new rub that our centre has produced. This rub called rheumatism ointment is very useful to the aged since we discovered that most of them suffer from rheumatism and body pains. We will also help these grannies to do some light stretching exercises.

Why have we decide to take care of the aged? During my time in China, I discovered that the Chinese including their government paid much attention to their senior citizens and give them total help in every aspect of their lives. From research, I noticed that government in developed countries take care of their senior citizens but here in Africa especially in the villages, these aged people die without being noticed. So our foundation wants to give them hope and make them know that they have not been forgotten by the society.

This is what we had been doing and what we are doing presently and we hope God will give us that strength to continue with this. It is not easy as I have earlier said but we struggle to see that the needs of our “clients” as we call them are met. If there are people out there who are interested in our projects, then they can join us. The Fon of this place dream is to see a health centre built so as to help the population of his place. Our contacts are [marcianus66@gmail.com](mailto:marcianus66@gmail.com), [sfaherbs@gmail.com](mailto:sfaherbs@gmail.com). Tel: 00237 99215518, 00237 75832728